**Behavior:** Homework

**Why/Purpose:** To be respectful, responsible, safe, and productive at home.

* To teachchildren to complete homework properly and productively.

**Teaching Examples**: *The following are situations that your child might find himself in. Use these examples to discuss with your child how to make good decisions when completing homework.*

* **Quiet Area**: Your child has 20 minutes of reading to do and 1 math assignment on their iPad. They get started on their assignment but are distracted by a younger sibling who is crying. They yell at the sibling, which does not help, so they turn on the TV to distract their sibling. Children don’t always know the best ways to problem solve and this is an opportunity for you to have a positive discussion with your child. Even though they were in the living room first, does it seem like the best location to get work done? Where is a place in the home that there will be the least amount of distractions? Is there anything that the family can do to help the child succeed?
* **Scheduling**: Your child is involved in multiple after school activities. They don’t understand why they have to complete their homework *as soon as* they get home from soccer. This becomes a constant routine of your child not wanting to do their homework. Together with your child, take a look at their schedule. What time do they get done with school? With practice? What time do they eat? When is bedtime? Attempt to find a consistent time of day that is set aside for schoolwork. Make them feel important by including them in this decision.
* **Avoiding Power Struggles**: Some children struggle to sit and complete their homework all in one time chunk. Be flexible. Allow your child to take 5 minute breaks. Use a timer if you think it would be helpful.

**Activities/ Role Plays:**

1. Decide on a consistent time for homework to be completed that best fits within you and your child’s schedule.
2. Choose a productive location within your home for your child to complete their homework.
3. Discuss your consequences for uncompleted homework ahead of time so that there are no surprises.
4. Spend some time with your child while they complete their homework.

**Follow-up/Reinforcement Activities:**

1. Remind your child of your expectations for completing homework.
2. Praise your child for following your expectations and for being productive with homework completion.